

Maturitas is planning a special issue on “**Preventing chronic illness to maximise the benefits of longevity**”.

Longevity by itself is not a bonus unless it is accompanied by a good quality of life. Chronic illnesses, their complications and the adverse effects of treatments compromise the quality of life in aging people. However, most chronic diseases associated with aging can be prevented by timely and focused interventions. Even if primary prevention unsuccessful, the course of chronic diseases can often be modified by secondary preventive strategies.

We are inviting (research and review) papers to address these issues from basic science to health and social care. We are particularly interested in papers addressing primary and secondary prevention in women and men with the following conditions:

- Cardiovascular disease
- Diabetes
- Hypertension
- Obesity
- Dyslipidemia
- Non-alcoholic liver disease
- Sleep apnea
- Osteoporosis
- Osteoarthritis
- Dementia and cognitive decline
- Frailty
- Depression
- Hearing loss
- Eyesight loss

We request that authors submit their full manuscripts for consideration to Maturitas by **28th February 2022**. We anticipate publication in the autumn of 2022.

When asked to choose article type, authors should select the correct **Special Issue Article Type** –

- SI Research Paper: Preventing chronic illness
- SI Review Article: Preventing chronic illness

All submissions should meet the usual Maturitas author guidelines and standards and will be subject to the peer-review process.

Guest editors

Eleni Armeni (Greece), Arjola Bano (Switzerland), Rajiv Chowdhury (UK), Elaine Dennison (UK), Andrew Ford (Australia), Oscar Franco (Switzerland), Maria Grammatikopoulou (Greece), Ruth Hubbard (Australia), Silvan Licher (Netherlands), David Mackey (Australia), Kathleen Margaret Pichora-Fuller (Canada), Chrisandra Shufelt (USA), Petra Stute (Switzerland)

