

MATURITAS

AN INTERNATIONAL JOURNAL OF MIDLIFE HEALTH AND BEYOND

Maturitas is the Official Journal of the European Menopause and Andropause Society (EMAS) and affiliated with the Australasian Menopause Society (AMS). **Maturitas** is an international multidisciplinary peer reviewed scientific journal of **midlife health** and beyond publishing original research, reviews, consensus statements and guidelines, and invited mini-reviews. The journal provides a forum for all aspects of **postreproductive health** in both genders ranging from basic science to health and social care. Topic areas include:

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- Epidemiology, health and social care
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- Nutrition/Obesity Diabetes/Metabolic Syndrome
- Menopause, Ovarian Aging
- Mental Health
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Maturitas provides a lively and high visibility platform to encourage new insights and exchange of important new developments between researchers, clinicians and care providers in the field of midlife health to promote a personalized approach to healthy aging.

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